



# BRIGHTWORKS

DENTISTRY

## **Crown Post-Operative Care:**

Post-operative care following a dental crown procedure is essential for promoting proper healing and ensuring the long-term success of the restoration. Here's a detailed guide on post-operative instructions for a dental crown:

1. **Avoid Chewing:** Refrain from chewing on the crowned tooth or eating until the anesthesia has worn off completely to prevent accidental biting of your tongue, cheeks, or lips.
2. **Temporary Crown Care:** Be cautious when eating and avoid sticky or hard foods that may dislodge the temporary crown. Additionally, avoid chewing gum or using the crowned tooth to tear open packages. For the first few days after crown placement, avoid chewing on hard, sticky, or crunchy foods that could damage the crown or put stress on the newly restored tooth. When brushing and flossing around the crowned tooth, be gentle to avoid dislodging or damaging the crown. Use a soft-bristled toothbrush and avoid aggressive brushing or flossing techniques
3. **Sensitivity:** It's normal to experience some sensitivity or discomfort after the crown procedure. Over-the-counter pain relievers like ibuprofen or acetaminophen can also help alleviate discomfort.
4. If the temporary crown happens to come off, try to put it back in place with toothpaste, Vaseline or over the counter temporary crown cement. Be sure to call our office right away. We always have a doctor on call.

**Delivery Appointment:** Attend any scheduled delivery appointment with your dentist for evaluation of the crown fit and adjustment if necessary. Your dentist may need to make minor adjustments to ensure proper alignment and bite.

**Regular Dental Check-ups:** Continue to visit your dentist for regular dental check-ups and cleanings. Your dentist will monitor the condition of your crown and the health of your surrounding teeth and gums to ensure long-term success.

**Warranty:** We stand behind our dental crowns for 5 years as long as you are seen regularly in hygiene checkups.

**By following these post-crown procedure care instructions, you can promote proper healing and maintain the integrity of your dental crown for years to come. If you have any questions or concerns about caring for your crown, don't hesitate to contact us.**

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